

1.0 Graduate Credit - ONLINE

ED 589: Building Student Grit, Grades K-12

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Course Credit: 1.0 graduate credits

Dates & Times: Online: This 15-hour online, asynchronous course, divided into 10 modules. The student must spend a minimum of 1.5 to 2 hours per week over 10 weeks to complete this course.

COURSE DESCRIPTION:

The building of student grit is counterpart to the rigor and academic success that results of it - particularly when preparing students for college and career readiness. This e-course will focus on approaches that build perseverance, character and grit through trial and error learning, reflection on failure, building of mental stamina and strategies for self-control. The catalysts to character development that build student capacity, and ultimately the grit needed to succeed in the classroom and beyond, will take front and center.

STUDENT LEARNING OUTCOMES:

Upon completion of this course, the student will be able to:

- Appraise the theory and research behind strength and stamina building as it works into academic rigor and grit.
- Generate and employ new strategies for facilitating student stamina and academic rigor as it builds student capacity to become independent readers, writers and thinkers.

TEXTS, READINGS, INSTRUCTIONAL RESOURCES:

Required Text:

- Peterson, C. & Seligman, M. (2004). Character Strengths and Virtues. Washington, DC: American Psychological Association.
- Tough, P. (2012). How Children Succeed: Grit, Curiosity and the Hidden Power of Character. New York, NY: Houghton Mifflin Harcourt Publishing Company.
- How to Foster Grit, Tenacity and Perseverance: An Educator's Guide-February 20, 2013, By Tina Barseghian

Recommended Text:

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- Duckworth, A.L., Kirby, T.A., Gollwitzer, A. & Oettingen, G. (2012). Teaching self-regulation improves academic performance. Manuscript submitted for publication.
- Hoerr, T. R. (2012). Got Grit? Educational Leadership, 69(6), 84-85.
- Klein, J. D. (2012). Fostering Global Grit. Independent School, 71(4), 70.

COURSE REQUIREMENTS:

Students will have 10 weeks to complete each course, after which time they will be un-enrolled. If you need an extension, please email the instructor. Complete one module at a time. This is a 15-hour course. Each module will take approximately 1.5 to 2 hours to complete, give or take with some less and some more, to constitute 15 full instructional hours. The system will auto-check the course components when the requirements have been met. Requirements include reading lectures, viewing video, and responding to discussion prompts or scenario prompts. Keep in mind that:

- Some course elements are optional such as grade-band video and resources, in which case you can toggle over the check box and self-check to keep a record of your progress.
- Certificates of Completion will be made available in the final module once all assignments are submitted, participation and hours requirements met.

In order to receive a Passing grade, the participant must complete the following course requirements:

- All discussion forums and/or scenario responses must include 1 original post to the question prompt and one to another student in the cohort.
- All video viewed. When there are several video divided by grade-band, select the appropriate and view.
- All books read in full, scrolling from beginning to end.
- All practice lessons and/or activities complete.
- All assignments complete (lessons or unit plans)
- Certificates will not be printable until all of the above conditions have been met, with a passing grade issued by the instructor.

GRADE DISTRIBUTION AND SCALE:

Grade Distribution:

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| Discussion Forums, Scenario Responses | 30% |
| lessons and/or activities | 20% |
| Lesson and/or unit Plans | 50% |

Grade Scale:

Grading will be Pass/Fail: A minimum score of 80% will be required to pass.